



Lochside Elementary Parents Advisory Council (LEPAC)
Minutes
1145 Royal Oak Drive

February 9, 2021

Present:

Co-Presidents: Anya Rodenburgh Yang &
Heather Galey
Vice President: Priyanka Gupta
Treasurer: Mei Wang
Secretary: Trish Jackson Mitchell
Volunteer Coordinator: Krista Henzie

COPAC Representative: Leanne
Quon-Turple & Ewa Castelsky
Member at Large: Tracy Wong
Principal: Tom Vickers
Vice Principal: Joan O'Lear

Regrets:

Wellness & Digital Safety: Susan Taylor
Members at Large: Lindsay Brydon, Kelsey Norlund, Meghan Birch

Call to Order: 6:34pm

Welcome & Introduction

- Heather gave a territorial acknowledgement and welcomed everyone to the meeting
- Everyone present at the meeting introduced themselves

Approval of January 2021 Minutes

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Moved – Leanne Quon-Turple
Seconded – Tracy Wong

Correspondence

Heather noted that she had received some lovely thank you notes from teachers for their classroom budgets.



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Administration Report

February 2021

CALENDAR		
February 12 Tri-District Pro-D Day 15 Family Day - STAT 16-19 FSA Assessments 24 Pink Shirt Day 26 Fire Drill	March 2 Leadership Team Mtg 3 Early Dismissal 4 Early Dismissal 8 Report Cards go home this week 15-26 Spring Break ☀️	April 2 Good Friday Holiday 5 Easter Monday Holiday 6 Ministry Student Satisfaction Survey Gr. 4 14 CR4YC 21 PIRLS Gr 4 (Div 16/18/20)

Information Items:

Appreciations	<ul style="list-style-type: none"> • Appreciation for the teachers - under lots of pressure with reporting periods coming up, managing different break schedules and teaching during this challenging time without the same ability to connect with colleagues or families • Appreciation for the Health & Safety Committee for all their work and time to keep the school community healthy
What's the Word? Temperature Check?	<p>What is working?</p> <ul style="list-style-type: none"> • Being able to collaborate with our cohort colleague • Wellness Wednesday lunch; wellness wednesday bulletins; yoga; • Non-enrolling teachers are trying hard to stick to schedules and be in class • Wellness grant - \$2,000 - some ideas include doing an after school yoga session and maybe buy yoga mats, further staff pro-d with mark Sherman, perhaps a group hike, provide gratitude journals, online social time; this Feb. Pro-D we have Mark Sherman coming - this is part of a de facto series on wellness for our staff. • The Weekly and having it stored in a shared file <p>How can we support staff?</p> <ul style="list-style-type: none"> • Provide some time for cohort partners to collaborate • Some frustrations in terms of accessing/creating supports for students with unique needs.



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	<ul style="list-style-type: none">• We are going to start a mini-version of a mentorship program for our newest colleagues to help all learn about the nuts and bolts of running a classroom• Colleagues are supporting each other by sharing remedy informally.• Developing a Lochside handbook in digital form																		
Reporting	<ul style="list-style-type: none">• Rough Drafts to Admin during the week of March 1 - March 5.• Reports will go out the week of March 8 - 12.																		
School Based Report Card Data	<table><tr><th>Grade</th><th>Language Arts # of emerging students</th><th>Numeracy # of emerging students</th></tr><tr><td>1</td><td>13</td><td>7</td></tr><tr><td>2</td><td>9</td><td>3</td></tr><tr><td>3</td><td>6</td><td>6</td></tr><tr><td>4</td><td>7</td><td>4</td></tr><tr><td>5</td><td>5</td><td>2</td></tr></table> <p>Conversations with Staff Key Questions:</p> <ol style="list-style-type: none">1. What programs and practices are you using for emerging/striving learners in literacy and numeracy?2. What interventions are already in place for emerging students?3. Is further intervention required? If so, what support would be most impactful?4. What is the plan to support the student in term 2? <p>Admin Team Conversations:</p> <ol style="list-style-type: none">1. What trends are evident?2. What strategies would be most effective to understand those trends?	Grade	Language Arts # of emerging students	Numeracy # of emerging students	1	13	7	2	9	3	3	6	6	4	7	4	5	5	2
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Bouncing Back - Understanding Burnout and Resilience in Education with Dr. Mark Sherman	<ul style="list-style-type: none">• Our Lochside Wellness Committee has organized a virtual opportunity for you to join Dr. Mark Sherman for a 2 hour experiential presentation on February 12 from 9:00am to 11:30.• He will be focusing upon understanding burnout, in the context of COVID, and the science of resilience and happiness. In this 2 hour virtual workshop we will:																		



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	<p>1. <i>Understand</i> the definition and research on burnout and moral injury -- their causes and potential solutions</p> <p>2. <i>Explore</i> the Science of Happiness and practical tools of mindfulness, gratitude and self compassion that build resilience and joy.</p> <p>3. <i>Practice</i> accessible mindfulness skills in order to cultivate presence and awareness.</p>
Early Dismissal	<ul style="list-style-type: none"> • March 3 & 4 • We will follow the same format as our November Early Dismissal
Message to Parents/Guardians	<p>We are asking parents to help us ensure a high level of safety for our staff and the whole school community. Please follow these COVID safety protocols when at Lochside:</p> <ul style="list-style-type: none"> • wear a mask and remain 2m apart from other parents and children who are not your own; • drop off and pick up without lingering - we are asking our community to avoid social gatherings before and after school; • please continue to use the Daily Health Checklist - when your child has symptoms, however mild, please keep them home and monitor. If symptoms worsen or if fever arises, call 8-1-1 for advice on COVID testing. <p>We are grateful every day for the amazing opportunity to work with your children. Following these rules together will help us tremendously to create safety. Thanks for your help:)</p>
Community Parking Concerns	<ul style="list-style-type: none"> • We have recently received 3 different complaints from our neighbours regarding families parking in restricted areas, blocking driveways and driving on grass. • We continue to work with our neighbours and families to make the parking situation improve.
Playground Mud	<ul style="list-style-type: none"> • We have been working with the Director of Facilities to rectify our muddy playground. They are committed to repairing the drainage system and will bring in more wood chips in the meantime. We appreciate your patience as we work through this situation during the rainy season.

Discussion Items

Digital Literacy	<ul style="list-style-type: none"> • Ms. Norris & Ms. Malloy
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Reports / General Business

President's Report: Anya Rodenburgh Yang & Heather Galey

- Thank yous
 - Thank you to the exec for their time and commitment and participation, even virtually! Zoom meetings are not quite the same and don't offer the same opportunity to connect so the participation is appreciated!
- Card Fundraiser
 - Will start in May via a company in North Vancouver
 - A piece of the children's artwork (any art done as part of regular class activities so that it's not extra work for teachers) is submitted to a company to be printed on a blank greeting card.
 - Families receive a free card and have the option to purchase more if desired.
 - Heather will work with Admin to sort out the logistics so that remote learners can also participate.
- UVic Speaker
 - Parent Education Night on Feb 17 at 6:30pm via Zoom
 - Electronic Media and Young Children, Positive and Negative Effects on Development
- Outdoor Classroom
 - LEPAC will allocate \$500 to refresh / add to the gravel to level out the entry and add some shrubs / plants and to do some general maintenance
- Nomination Committee
 - Heather asked if anyone wanted to chair the committee - keep the names of people volunteering for the executive
 - Krista offered to chair the committee
 - Heather asked the current exec to give some thought to their plans for next year and whether you'd like to continue participating on the exec or not
 - Will need to leverage contacts differently this year to recruit exec members as there isn't the same ability to connect with other parents on the school grounds
- Welcome Ewa, Co-COPACS Rep
 - Thank you to Ewa for joining the Executive!



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Treasurer's Report: Mei Wang

Budget Update February 2021

- Cash balance is healthy.
- Details are as follows:
 - a. Gift Cards - Country Grocer \$911.42
 - b. Petty Cash \$400 Float
 - c. Gaming account \$11,215.11.
 - d. General account \$28,191.32 (Cleared \$28,614.71 less outstanding transactions of \$423.39)
- Fun Lunch - received donations of \$5,232.80 and Mr. Hayley donated an additional \$500 to LEPAC. There are 44 refund requests for \$2,041.75
- Country Grocer Gift Cards - received \$832.00
- Classroom Budget Reimbursed \$3,692.01(65%)
- Received an additional \$600 cheque from Purdy's for the holiday chocolate sales for a total of over \$3,600

- After a very uncertain start to the year LEPAC is in very good shape with our budget due to the successful holiday fundraiser and also due to the generosity of our families!

Volunteer Coordinator's Report: Krista Henzie

- Thrifty's Smile cards
 - o Cards are available from Krista if needed
 - o Application to be submitted in April for next year
- Emergency Lunches
 - o Country Grocer gift cards have been used for this for the most part

Wellness & Digital Safety Report: Susan Taylor

- Regrets so nothing to report

COPACS Rep's Report: Leanne Quon-Turple & Ewa Castelsky

- March 11 there will be a parent education night from 7 - 8:30pm, topic is Mental Health
 - o Registration details to come
- Nothing else to report, the meeting is later this week.
 - o Will send around an email with an update after the meeting



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Secretary Report: Trish Jackson Mitchell

- Virtual Book Fair
 - Not able to get into the schedule before Spring Break as it's been so popular so Trish will try to get a slot as soon as possible after Spring Break.
 - Will confirm dates and details as soon as Russell Books confirms.
- Spring Spirit Wear
 - Because of the book fair getting pushed back to April, we will do our second round of spirit wear sales at the beginning of March with delivery after Spring Break.
 - Trish will coordinate with Passion Sports and send out details and dates.
 - Joan noted that some new Grade 5 students who joined the school were provided with one of the extra t-shirts and that it was a lovely way to welcome the students to the school.

Other Business

- Drainage & Mud
 - Addressed during the admin report
- Staff appreciation
 - This has been such a tough year for all the staff at the school so the PAC would like to be sure to show our appreciation to our wonderful staff.
 - Without the ability for parents to be in the school and doing events such as the potluck lunch, the staff appreciation may require a little more funding this year.
 - Heather moved to spend up to an additional \$1,000 on staff appreciation events. Priyanka seconded the motion and the vote will be done at the April Meeting
 - Tom suggested possibly having lunch brought in for the staff - maybe a food truck could come to the property? They did this last year and it was a huge hit.
- Next Meeting: April 13, 2021

Meeting Adjourned: 7:32pm