

Public Service Announcement



Tuesday, June 4, 2024 | For Immediate Release

Kick off the Season with Summer at Ship Point

VICTORIA, BC — The City of Victoria invites you to make Summer at Ship Point your downtown destination for gathering with friends and family this season. Most Tuesdays, Wednesdays and Thursdays from June 11 to September 19, Ship Point will transform into a vibrant recreational, arts and cultural community hub.

Participate in a free one-hour wellness class such as yoga or a full-body bootcamp offered between 11:30 a.m. and 1:30 p.m. Drop by from 4-8 p.m. to enjoy an array of local food truck cuisine and live music performed on the OUR DWTN stage. And beat the heat by grabbing a cold one with friends at the Victoria Beer Society's beer garden on Tuesdays and Thursdays from 4-8 p.m., with the spectacular Inner Harbour nearing sunset as your backdrop.

The City is excited to support and showcase an incredible line-up of free music performances at Ship Point, from Latin rhythms, Motown and R&B to jazz, blues and folk – and everything in between. Live music performances will take place Tuesdays and Thursdays from 6-7 p.m. and Wednesdays from 5-6 p.m.

On select evenings, special performances and programming will be offered, such as free dance lessons by the City's Artist in Residence Kemi Craig, a drag show presented by Left Coast Drag Collective and Bad Rabbit Radio broadcasting live with DJ Nova Jade.

Experience all that Summer at Ship Point has to offer, including an expanded green space, Adirondack seating, beautiful planters, shade umbrellas and new overhead lighting, complete with outdoor games such as giant chess, hula hoops and giant Jenga for the whole family to enjoy.

Make sure to pick up a Summer at Ship Point stamp card from the site host and collect stamps during your visits to enter to win an OUR DWTN gift card or prize pack. For Summer at Ship Point programming details, visit victoria.ca/OurDWTN.

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JULY EVENT SCHEDULE

Tuesday, July 2

TIME	EVENT
11:30 a.m.-12:30 p.m.	Full Body Tabata by The Fitness Academy* <i>Get the blood flowing with this high intensity full-body workout.</i>
12:30-1:30 p.m.	Full Body Tabata by The Fitness Academy*
4-8 p.m.	Food trucks, beer garden and lawn games <i>Beer garden brought to you by Victoria Beer Society</i>
4-5:30 p.m.	Featured Busking
6-7 p.m.	Live music by laaain – Electric Soul

Wednesday, July 3

TIME	EVENT
11:30 a.m.-12:15 p.m.	All Level Flow by One Yoga Victoria*
12:45-1:30 p.m.	All Level Flow by One Yoga Victoria*
4-8 p.m.	Food trucks and lawn games
5-6 p.m.	Live music by HOT POT – Funk/Soul/Hip-Hop

Thursday, July 4

TIME	EVENT
11:30 a.m.-12:30 p.m.	Slow and Steady by The Fitness Academy* <i>Engage your whole body deeply with long, slow movements. It's you versus gravity – and our money is on you!</i>
12:30-1:30 p.m.	Slow and Steady by The Fitness Academy*
4-8 p.m.	Food trucks, beer garden and lawn games <i>Beer garden brought to you by Victoria Beer Society</i>
6-7 p.m.	Live music by Conjure Hand – Rock

*A limited supply of mats will be available. Bring your own mat if you can and a reusable water bottle.

Summer at Ship Point



Tuesday, July 9

TIME	EVENT
11:30 a.m.-12:30 p.m.	Total Body Mobility by the Fitness Academy* <i>Not quite yoga, but not quite a workout. Come and stretch your body out, from your ankles to your shoulders.</i>
12:30-1:30 p.m.	Total Body Mobility by the Fitness Academy*
4-8 p.m.	Food trucks, beer garden and lawn games <i>Beer garden brought to you by Victoria Beer Society</i>
4-5:30 p.m.	Featured Busking
6-7 p.m.	Live music by Thia Lanuza – Pop/Ballads/R&B

Wednesday, July 10

TIME	EVENT
11:30 a.m.-12:15 p.m.	All Level Flow by One Yoga Victoria*
12:45-1:30 p.m.	All Level Flow by One Yoga Victoria*
4-8 p.m.	Food trucks and lawn games
5-6 p.m.	Live music by Ranger – Soft Rock/Instrumental
6-8 p.m.	Bad Rabbit Radio broadcast live by DJ Nova Jade

Thursday, July 11

TIME	EVENT
11:30 a.m.-12:30 p.m.	ABCs – Abs, Butt, Core by The Fitness Academy* <i>Based on TFA's most popular class – work your glutes and strengthen your core!</i>
12:30-1:30 p.m.	ABCs – Abs, Butt, Core by The Fitness Academy*
4-8 p.m.	Food trucks, beer garden and lawn games <i>Beer garden brought to you by Victoria Beer Society</i>
6-7 p.m.	Live music by actual human people – Folk

*A limited supply of mats will be available. Bring your own mat if you can and a reusable water bottle.

Summer at Ship Point



Tuesday, July 16

TIME	EVENT
11:30 a.m.-12:30 p.m.	Full Body Tabata by the Fitness Academy* <i>Get the blood flowing with this high intensity full-body workout.</i>
12:30-1:30 p.m.	Full Body Tabata by the Fitness Academy*
4-8 p.m.	Food trucks, beer garden and lawn games <i>Beer garden brought to you by Victoria Beer Society</i>
6-7 p.m.	Live music by r.mason – Indie Noir Pop

Wednesday, July 17

TIME	EVENT
11:30 a.m.-12:15 p.m.	All Level Flow by One Yoga Victoria*
12:45-1:30 p.m.	All Level Flow by One Yoga Victoria*
4-8 p.m.	Food trucks and lawn games
5-6 p.m.	Live music by Sail Cassidy – Indie Rock

Thursday, July 18

TIME	EVENT
11:30 a.m.-12:30 p.m.	Slow and Steady by the Fitness Academy* <i>Engage your whole body deeply with long, slow movements. It's you versus gravity – and our money is on you!</i>
12:30-1:30 p.m.	Slow and Steady by the Fitness Academy*
4-8 p.m.	Food trucks, beer garden and lawn games <i>Beer garden brought to you by Victoria Beer Society</i>
4:30-5:30 p.m.	Family Programming presented by Royal BC Museum
6-7 p.m.	Live music by Shannon Perkins Carr – Classical Guitar

*A limited supply of mats will be available. Bring your own mat if you can and a reusable water bottle.

Summer at Ship Point



Tuesday, July 23

TIME	EVENT
11:30 a.m.-12:30 p.m.	Total Body Mobility by the Fitness Academy* <i>Engage your whole body deeply with long, slow movements. It's you versus gravity - and our money is on you!</i>
12:30-1:30 p.m.	Total Body Mobility by the Fitness Academy*
4-8 p.m.	Food trucks, beer garden and lawn games <i>Beer garden brought to you by Victoria Beer Society</i>
6-7 p.m.	Live music by The Emmett Hodgins Trio - Jazz

Wednesday, July 24

TIME	EVENT
11:30 a.m.-12:15 p.m.	All Level Flow by One Yoga Victoria*
12:45-1:30 p.m.	All Level Flow by One Yoga Victoria*
4-8 p.m.	Food trucks and lawn games
5-6 p.m.	Live music by D GhoztWalka'z – Funk/Reggae
6-8 p.m.	Bad Rabbit Radio broadcast live by DJ Nova Jade

Thursday, July 25

TIME	EVENT
11:30 a.m.-12:30 p.m.	ABCs – Abs, Butt, Core by The Fitness Academy* <i>Based on TFA's most popular class – work your glutes and strengthen your core!</i>
12:30-1:30 p.m.	ABCs – Abs, Butt, Core by The Fitness Academy*
4-8 p.m.	Food trucks, beer garden and lawn games <i>Beer garden brought to you by Victoria Beer Society</i>
4-5:30 p.m.	Featured Busking
6-7 p.m.	Live music by California Lullaby – Dream Pop

*A limited supply of mats will be available. Bring your own mat if you can and a reusable water bottle.

Summer at Ship Point



Tuesday, July 30

TIME	EVENT
11:30 a.m.-12:30 p.m.	Full Body Tabata by the Fitness Academy* <i>Get the blood flowing with this high intensity full-body workout.</i>
12:30-1:30 p.m.	Full Body Tabata by the Fitness Academy*
4-8 p.m.	Food trucks, beer garden and lawn games <i>Beer garden brought to you by Victoria Beer Society</i>
4-5:30 p.m.	Featured Busking
6-7 p.m.	Live music by Sarah Smith – Roots/Rock/Canadiana

Wednesday, July 31

TIME	EVENT
11:30 a.m.-12:15 p.m.	All Level Flow by One Yoga Victoria*
12:45-1:30 p.m.	All Level Flow by One Yoga Victoria*
4-8 p.m.	Food trucks and lawn games
5-6 p.m.	Live music – To be announced

Thursday, August 1

TIME	EVENT
11:30 a.m.-12:30 p.m.	Slow and Steady by The Fitness Academy* <i>Engage your whole body deeply with long, slow movements. It's you versus gravity - and our money is on you!</i>
12:30-1:30 p.m.	Slow and Steady by The Fitness Academy*
4-8 p.m.	Food trucks, beer garden and lawn games <i>Beer garden brought to you by Victoria Beer Society</i>
6-7 p.m.	Live music by The Poubelles – Rock/Pop

*A limited supply of mats will be available. Bring your own mat if you can and a reusable water bottle.