CHILDHOOD STRESS & ANXIETY **BUILDING RESILIENCE**

EMPOWERING STRATEGIES EFFECTIVE SUPPORTS



ZOOM Presentation and Discussion By:

Julie-Anne Richards, M.A., R.C.C., C.C.C. Registered Clinical Counselor, Psycho-educational Consultant www.JulieAnneRichards.com

6:30-8:00 pm Tuesday January 26, 2021

REGISTER TO RECEIVE ZOOM SIGN-UP LINK

Tailored for Parents, Caregivers and Educators supportingchildren ages 5 - 12

VIRTUAL **PRESENTATION** Please download ZOOM App to your device and the Link will be emailed to you January 26

Free Event!

REGISTRATION REQUIRED (copy and paste in browser) https://www.eventbrite.ca/e/free-virtual-presentation-on-childhood-anxietyby-julie-anne-richards-tickets-136883390907

This Presentation is structured for an Adult Audience

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