

Lochside Swim Club
November 2018 – March 2019

Dear Parents/Guardians,

Beginning Wednesday November 14, 2018, Lochside Swim Club will be practicing at the **Commonwealth Pool from 3:15 – 4:00**. We will be working with Island Swimming who will provide coaches to help our students improve their swimming skills. These are not swim lessons, but fine tuning for competitive swimming within the elementary school system. To qualify **participants should have a minimum of Aquaquest level 5 or be able to swim one length of the 25 metre pool.**

There will be a charge of **\$58.50** to cover the cost of the 12 sessions (\$4.50 per session). We don't want any child left out because of financial concerns. If this fee is a hardship, please contact us. **Please make cheques payable to: School District #63 (Saanich).**

The schedule for the Swim Club practices are WEDNESDAYS from 3:15 – 4:00 as follows:

November 14, November 21, November 28, December 5, December 12, December 19, January 9, January 16, January 23, January 30, February 6, February 13, February 20

In **March**, there will be a Saanich School District Meet where all students compete in their grade groups and have a fun filled afternoon. We will inform you of the exact date when we receive that information.

If your child is interested in joining the Lochside Swim Club, please fill out the attached registration form and return it to Mrs. Kenny by **Friday November 2nd**. Please also include a cheque for \$58.50 to School District #63 (Saanich).

Parents are responsible for the delivery and pick up of their children or for arranging carpooling for practices and the swim meet.

Please note that on the registration form you will see that Island Swimming also organizes the Stand Up and Race swim meet (Sunday Jan.20); the Elementary Preliminary (Feb. 11th or 13th); and the Elementary Championship meet (Feb. 24th). If your child wishes to participate in these events please coordinate with and pay directly to Island Swimming. The organizer is Tannaz Hosseini tannaz@islandswimming.com These Island Swimming meets are not organized or supervised by Lochside staff so will require parent supervision.

We look forward to seeing many Lochside Lizards at the pool.

Sincerely,

Stephanie Kenny and the Lochside Swim Coaches

Student School Swim Program Registration

Please fill out the following and return to the school prior to the first practice.

Name: _____

Age: _____ Grade: _____ Date of Birth: _____ Gender: _____

Address: _____

Phone #: _____

Emergency Contact: _____

Emergency Phone #: _____

Favorite Strokes: _____

Basic program costs include pool time and coaching. Cost is \$4.50 for each session.

Swimmers are responsible for all sessions their school attends.

Swimming Meets

Mark your calendars.

Stand Up and

Race Sunday, January 20th, 2019

Cost:

\$8.00 per swimmer

All swimmers are welcome to attend the Stand Up and Race meet, including new and novice swimmers.

Elementary/Middle School Preliminary Meet: Monday Feb 11th OR Wednesday Feb 13st

Cost:

\$10.00 per swimmer

School will be scheduled to attend one of these days. Preliminary meets are for non-competitive swimmers, or swimmers in a novice level within a swim club.

Elementary/Middle School Championship Meet: Sunday February 24th, 2019

Cost: \$12.00 per swimmer

The Championship meet is for those who have qualified from the Preliminary meets and/or is a competitive swim club swimmer wanting to represent their school.

Any questions about swimmer qualification or any meets – please email tannaz@islandswimming.com

Adult Volunteers

Volunteers may be required to supervise your swimmers on deck and in the change rooms.

Swimmers Notes

1. Remember you are representing your school at a public facility. Please use manners and common sense.
2. Leave your valuables at home.
3. You will need a swim suit, towel, and cap, goggles are optional.
4. Be responsible for your own belongings while you are at the pool.
5. Pay attention to your coaches and teachers, ask lots of questions and have fun!

Parents Signature: _____ Date: _____