



LOCHSIDE ELEMENTARY SCHOOL NEWS

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Dear Parents/Guardians:



November is our reporting month at Lochside Elementary. To help facilitate the reporting process, we have scheduled early dismissals for November 3rd, 4th and 5th. Students will be dismissed one hour earlier on these days. Classroom teachers will convey information about conferencing and reporting to the parents and/or guardians of students in their classes. If you have any questions and/or concerns then please contact your child's teacher (s).

Assessment, evaluation and reporting are terms that parents hear often during this period. It is important to understand that they represent three distinct aspects of determining student progress. **Assessment** represents the process that teachers go through in collecting information about what the child knows, is able to do and is learning to do. This information is generally gathered through tasks that the students perform.

Evaluation represents the process of making judgments and decisions based on the evidence gathered during assessment for the purpose of goal setting and/or reporting. The teacher or the student may do evaluation independently or in collaboration.

Finally, **reporting** is the process of presenting and communicating information about a student's learning and progress, gained through evaluation based on identified standards. Reporting may be done in writing, through a conference or informally. The processes of assessment, evaluation and reporting are ongoing.

We have three formal written reports each year (November, March and June). Formal reports will be sent home during the week of Nov. 30 – Dec. 4th.

Respectfully,

Joe Grewal, Principal

LOST & FOUND



We have many items of students' clothing in our Lost & Found. Please check out the coat hooks by the Kindergarten classrooms for missing items of clothing including jackets, hoodies, shoes, shirts, water bottles, lunch containers, etc. In the middle of December we will be sending the items from the Lost and Found to our local shelter.

Dates to Note

Nov. 3, 4 & 5 th	1:48 pm Early Dismissal Days
Fri. Nov. 6 th	12:15 Soccer Jamboree
Tue. Nov. 10 th	10:00 am Remembrance Day Assembly (Parents Welcome)
Wed. Nov. 11 th	Remembrance Day
Thu. Nov. 12 th	NID – Non-Instructional Day
Fri. Nov. 13 th	NID – Non-Instructional Day
Nov. 20 – 24 th	Book Fair in the library
Nov. 30-Dec. 4 th	Reporting Week
Dec. 1 st – 15 th	Holiday Food Drive
Fri. Dec. 18 th	Last day before Winter Break
Mon. Jan. 4 th	School Re-Opens

WITS

Anti-Bullying Program

On Wednesday, October 14th students in Grades 1 – 3 took part in an assembly about anti-bullying. At Lochside Elementary we believe it is important to take care of yourself, each other and our community. One of our main goals is to help students to solve problems in peaceful ways.

Saanich Police Liaison Police Officer Constable Paul Egli was at the school to talk to students about using their WITS to solve problems. WITS stands for:

- W – Walk away
- I – Ignore
- T – Talk it out
- S – Seek help

Constable Egli also visited the kindergarten classes and talked to them about using their WITS. This program is sponsored by the Rock Solid Foundation. We have been using this program for quite a few years at Lochside Elementary.



REMEMBRANCE DAY ASSEMBLY

On November 10th at 10:00 am Lochside students and staff will honour the men and women who have served Canada over the course of its history. In this assembly students will learn about the importance of Remembrance Day. They will be directly involved by singing, reciting poetry and listening to our presenters. Parents and/or guardians are welcome to join us for this important assembly.

DRESS APPROPRIATELY FOR FALL WEATHER

The weather in the fall can be wet and windy. Students spend the majority of the day inside the school building. We would like to get them outside for some fresh air and exercise at recess and lunch. Please ensure your child is dressed for the fall weather. Wearing layers of clothing like sweaters, sweatshirts and jackets are a great way to stay warm. Outdoor shoes are highly recommended since our field can be wet and muddy at times.



INDOOR SOCCER

The indoor soccer season is in full swing. We have over 50 students assigned to three different teams. The students play indoor soccer during the lunch hour at Lochside. Our Grade Four and Five students are very keen and motivated to participate in our school soccer league. We have scheduled a Soccer Jamboree on Friday afternoon Nov. 6th @ Claremont Secondary. Permission forms have been sent home and should be brought back to the coaches. Thank you to coaches Bob Warrender, Sherry Seabrooke, Helena Takhar, Mark Niedjalski, Matt O'Connor and Karen Smith for supporting indoor soccer.

OUTDOOR LEARNING CENTRE

Our Outdoor Learning Centre is getting great usage during the first few weeks. Children are enjoying playing in the Centre during lunch and recess (especially during the rain days). As well we've had a presentation about spiders to our grade one classes by presenters from the Swan Lake Nature Sanctuary. A big thank to **Steve and Jasmine Taylor** (Theo's parents) who donated tree stumps that can be used for sitting inside the Learning Centre. We really appreciate the Taylors' donation by their company called Capital Tree Service.

As LEPAC has mentioned in the Monday Updates, we are still looking for some help with landscaping

around the Learning Centre. If someone has the skills and is willing to donate some time, it would be greatly appreciated. The area around the Learning Centre can get quite muddy during the rainy days.

SWIM CLUB

Swim Club takes place after school on Wednesdays at Commonwealth Place. Thank you to teacher, Sarah Ewart, for organizing Swim Club for our students. We are looking forward to a great year for our swim team. If you would like your child in Grade 3-5 to join the Swim Club, then please talk to Mrs. Ewart or Mr. Grewal,



BOOK FAIR

The Monster Book Fair is coming to Lochside! Mark your calendars for **November 20th - November 24th** and watch for the Book Fair flyer and a letter providing times and details coming home in your child's backpack. Thank you to Kelly Perry for organizing the Book Fair.

HALLOWEEN FAMILY DANCE

The Family Halloween Dance was a huge success on Friday, October 30th. It was a wonderful community building event which was well attended by students and parents from our school. A big thank you to organizer Kelly Perry and her committee consisting of: Stephanie K., Barry K., Alex S., Nicole W., Kirsty H., Marie G., Heather C., Tina L., Alysha B., Patricia D., Kerry H. and Colleen M. With special thanks to Tiffany V., Mary B., Ivica K., Don M. and Jeff T.



HOLIDAY FOOD DRIVE

LEPAC is organizing a Food Drive from December 1st to December 15th. Please help your child remember our responsibility to the less fortunate people in our community. More information about this will be provided through the Monday Updates.

DIGITAL RECORDING DEVICES

We are encouraging students to leave digital recording devices such as iPhones, tablets, cameras, etc. at home. We've had some parents express their concern that digital images or movies can be shared or possibly posted on the internet. Please make sure that you are not posting any images or movies of Lochside School students other than your own children.

HEAD LICE ALERT

We have had a few cases of head lice reported in the school. When we have a report of head lice in a classroom, we usually notify all of the parents/guardians from that class so that they can take the necessary precautions. Although head lice are a nuisance, head lice are not a health risk.

Head lice cannot jump or fly. Head lice spread quickly by close, head to head contact and by sharing hats, helmets, combs, brushes, etc. Lice cannot live on furniture or carpet. The most common symptom of head lice is constant itching of the scalp.

You can help by:

- ◆ Teaching your child to not share or borrow hats, hairbrushes, combs, scarves, helmets and hair accessories
- ◆ Checking your child's head frequently (about every 2 weeks)
- ◆ Telling the classroom teacher if your child has head lice, so other parents can be notified



For more information contact:

- ◆ Your local Health Unit
- ◆ BC Health Files
<http://www.healthlinkbc.ca/healthfiles/hfile06.stm>

Thank you to . . .

- Tin Kwan for organizing our Fun Lunches for all of the Lochside students.
- Our teaching staff for their hard work and preparation for parent conferences and writing student report cards.
- Kelly Perry for being our Coordinator of the BC School Fruit and Veggie Program.
- Kelly Perry and the LEPAC team for organizing the Halloween Family Dance on Friday, October 30th.
- Our Learning Services staff for providing daily support to all of our learners.
- Scarlet Yum for organizing the Coupon Book Sales.
- Kirsty Hooker for organizing the emergency lunches for students who forget their lunch.

- Carolyn Phillips for organizing the Grade 5 Fundraiser for Camp Thunderbird (Purdy's Chocolates and Holiday Magic Gifts).

WINTER CONCERTS

Students have been working with our Artist-In-Residence, Gill Chater, on Mondays and Tuesdays during the months of October. We will be having two Winter Concerts in early December. We will be sending more information about these concerts in the following few weeks.



PREVENTING COLDS AND INFLUENZA (FLU)

Cold and influenza season is here. As the weather gets cooler and we move indoors, so do germs. Children need reminders to decrease the risk of colds and flu in your house by:

- ◆ Washing hands often
- ◆ Coughing and sneezing into their elbow
- ◆ Not sharing facecloths or towels
- ◆ Keeping hands away from nose and mouth
- ◆ Not sharing food or drink with others

To help limit the spread of germs, please keep your child at home if he or she is feverish, coughing a lot, has a thick yellow or green discharge from the nose, or is otherwise obviously unwell.

Viruses cause colds and influenza. The most effective treatment for a cold is rest and fluids. The influenza vaccine will protect against specific types of influenza. Antibiotics will not make a cold or other virus go away faster. However, more serious infections can start out as a cold. Call your doctor if your child has an earache, fever higher than 39° C (102° F), rash, is very sleepy, very cranky or fussy, has trouble breathing or a cough that will not go away.

Handwashing is the most effective way to stop the spread of germs that cause colds, influenza, diarrhea, and other illnesses. To wash hands properly:

- ◆ **Wet** hands under warm running water
- ◆ **Scrub** with plain soap for a count of **20**, all over hands and between fingers
- ◆ **Rinse** under running water for a count of **10**
- ◆ **Dry** hands with a clean paper towel
- ◆ **Turn** off taps with a paper towel

Remember to wash hands:

- ◆ Before and after eating or handling food
- ◆ After using the toilet, handling pets, coughing, sneezing, or wiping noses