

LOCHSIDE ELEMENTARY PARENT/GUARDIAN WEEKLY

Tom Vickers - Principal Joan O'Leary - Vice Principal

Friday, February 19, 2021

Parents/Guardians,

This coming week we will be celebrating Pink Shirt Day. This celebration is all about remembering how important it is to help each other out. We are actively teaching about kindness at school. Evidence confirms that promoting kindness among young people directly reduces bullying and helps to increase social and emotional well-being. The theme for Pink Shirt Day this year is "lift each other up".

Special request to all Lochside Lizards:

If you see someone who is struggling to make friends or being bullied because he/she doesn't have many friends or because they are shy, or maybe he/she is not as good at sports or school work, or doesn't have the 'in' clothes — PLEASE step up. Say hi or at least smile at them. Help them feel like they belong. Your kindness can make a BIG difference in someone's life!

Here is a <u>video</u> of the story of Pink Shirt Day.

With appreciation, Tom Vickers and Joan O'Leary

CALENDAR Please Note: This calendar is in process - there will be updates going forward		
February 24 Pink Shirt Day 25 Fire Drill	March 3 & 4 Early Dismissal @ 1:48 8-12 Report cards go home this Week 11 Virtual Parent Involvement Evening - What is Mental Health? 15-26 Spring Break 29 School Reopens	April 2 Good Friday 4 Easter Sunday 5 East Monday Holiday (in lieu) 6 Student Learning Survey Gr. 4 21 PIRLS Survey for Gr. 4 23 Non-Instructional Day

Information Items:

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February 24



- Please encourage your child(ren) to wear an item of PINK to celebrate friendship, inclusivity and working together in peaceful ways.
- Choose kindness and be a buddy!





Check out these resources on Kindness and Self-Compassion

Victoria Good Deeds Cup **Finalists**

• A few of our Lochside Lizards belong to a U13 hockey club who are now finalists in the Good Deeds Cup. This is a contest for youth teams across Canada to pitch their local charity. This team chose the Children's Health Foundation, who do so much work to support our families on the island. You can see their video pitch here - please vote and help them win \$100.000 for the island!

Reporting Timelines & Assessment Information

Reports will go out the week of March 8 - 12.

Helpful Resources to understand the Proficiency Scales:

Here is the link for the Lochside Assessment Information

Early Dismissal & Parent Teacher Interviews March 3 & 4 @ 1:48 pm

- We have our Early Dismissal Days on Wednesday, March 3 & **Thursday, March 4**. This is an opportunity to connect with families before reports come out.
- We will dismiss students @ 1:48 pm
- Teachers will use TEAMS, phone calls or outdoor meetings for your interviews.

Dressing for the weather...



- Students need to be dressed adequately to be outdoors for recess. In spite
- It is a good idea for all students to have an extra pair of socks and pants in their backpacks in case the ones they are wearing become too wet.
- All students should have indoor shoes for the classroom and gym. Please check with your child to ensure his/her indoor shoes still fit!

Royal Oak & Lochside Drive intersections Improving Pedestrian and Bicycle Safety	Saanich Engineering is changing the traffic pattern and adding bicycle signals to the signalized intersection of Royal Oak and Lochside to improve pedestrian and bicycle safety.		
Virtual Science Fair	Here is the link to a virtual Science Fair you may want to participate in with your child.		
Friday Jokes of the Week	What do you call a turtle's cell phone? A shell phone!		
	Where do polar bears keep their money? A snow bank! If a seagull flies over the sea, what flies over the bay? A bagel!		
What is Mental Health?	 1st Annual Parent Involvement Evening: School District 63 and COPACS presents on the topic of mental health March 11, 2021 Save the Date Time: 7:00-8:30 pm Virtual Meeting (Registration details to follow) 		
TechTips for Parents in a Digital Age	 Here are some practical basics about tech use that you can use to guide your kids on healthy digital habits. Check out <u>Commonsensemedia.org</u> for guidance on choices of media, from games to movies. 		
Everyday Anxiety Strategies for Everyone	EASE is a great resource developed right here in BC: Check it out here EASE Everyday Anxiety Strategies for Educators		

Kindergarten and Grades 1-5

Registration for September 2021



- Kindergarten registration has now closed at neighbourhood schools in the Saanich School District.
- Going forward, new and out-of-district registrations will be taken online: https://www.sd63.bc.ca/parents-and-students/registration