



LOCHSIDE ELEMENTARY PARENT/GUARDIAN WEEKLY

Tom Vickers - Principal
Joan O'Leary – Vice Principal

Friday, November 27th, 2020

Parents/Guardians,

With a month left in our school calendar before the winter break, here are a few updates for you. We send out grateful thanks to LEPAC, who are planning a holiday help drive-through to collect donations of food and gifts. This will be a chance to contribute to the Mustard Seed, and for us to make some holiday hampers for a few Lochside families. We know that this year has brought unexpected challenges; if you have a family in mind that would be grateful for some holiday help, please be in touch with administration. Keep your eyes open for details about this project over the next few days and weeks.

Throughout the recent parent-teacher interviews we've seen amazing resilience, optimism and innovation at work in our classrooms, on the part of staff and students. On the same theme of creating community and fostering learning, we have recently opened up our StrongStart Centre. StrongStart provides so much valuable information to families and gives young parents, families and children a great opportunity to connect. Thanks to Ms. Wanamaker who worked hard to ensure the numbers are manageable and the safety protocols are in place.

This month we bid farewell to Mr. Ian Nash, our Lead Custodian. Mr Nash is a highly valued member of our team. He has given unwavering dedication and thoughtful support to our school over the past 8 years; and over his career in Saanich Schools. We will miss him and we wish him all the best in his retirement. Thank-you Mr. Nash for your friendship, shared stories and hard work!

With the wet weather, please remember to dress the kids for rain. We go out in all weather and the weather conditions can change abruptly. It's essential for kids to have indoor shoes, and an extra change of socks and pants is always a good idea.

With appreciation,
Tom Vickers and Joan O'Leary

CALENDAR

Please Note: This calendar is in process - there will be updates going forward





December

07 Report Cards go home this wk
08 LEPAC Meeting 6:30
11 Fire Drill
18 Last Day of School before Winter Break
21 Winter Break Begins
25 Christmas Day
26 Boxing Day

January

01 New Year's Day
04 School Re-Opens
12 LEPAC Meeting 6:30

Information Items:

<p>Before and After School</p>  <p>...and physical distancing</p>	<p>A warm appreciation to parents who are continuing to stay within our health and safety parameters by giving last morning hugs at a safe distance from members of other households. Remembering to stay 2 meters apart from others, gathering only with members of your family or waving goodbye from the edge of the playground are great ways to support the health and safety of our children and staff while at school.</p>
	<p>Since 2008, it has been possible to collect more than 165,000 children's picture books for redistribution to babies, toddlers, and other young children on the Peninsula. That's more than ten times the number of books in most elementary school libraries. The majority of these books were donated through schools in Saanich District. Research indicates that home libraries have significant positive effects on the literacy development of young children and their early success in school. Success begets success. For these reasons, the PENINSULA "1000 X 5" Project work will continue until the end of June, over the summer, and throughout the next school year. You can help sustain the flow of books by encouraging your children to share the gift of literacy with others. They can donate books they have outgrown into the collection bin/box at school.</p>
<p>From Mrs. Fedrigo - A Resource for Wellness</p> 	<p>The resource below is all about gratitude and how to cultivate appreciation and positive thinking.</p> <p>Try this simple exercise in this moment:</p> <ol style="list-style-type: none">1) Think about one thing you are grateful for.2) Think about one person you are grateful for. <p>It's amazing how doing a simple exercise can lift your mood and change your energy.</p> <p>https://www.makesociallearningstick.com/blog/cultivating-gratitude</p>
<p>November Mental Health Wellness Snapshot</p> 	<ul style="list-style-type: none">• Here is the link to the November Mental Health and Wellness Snapshot--Social Media and Screen Time.
<p>Friday Jokes of the Week</p>	<p>What's an astronaut's favourite part of the computer? The space bar!</p>



I could tell a joke about pizza...but it's a little cheesy!

Why don't eggs tell each other jokes?

Because they'd crack each other up!



- This year's Movember Roster from Lochside Elementary includes Mark Niedjalski, Rico Hing, Andreas Clesle, Pieter Koopmans, Tom Vickers, Paul Mckenzie, Lothar Krampol and Matthew O'Connor.
- Our team is raising funds and awareness this Movember for all of the Fan-TACHE-tic dads, brothers, sons and mates in our lives. We need your help.
- Please donate to support men's health on the link below 😊
<https://movember.com/t/lochside-elentary>