



LOCHSIDE ELEMENTARY SCHOOL NEWS

1145 ROYAL OAK DRIVE
VICTORIA, B.C. V8X 3T7
Telephone: (250) 658-5238
Fax: (250) 658-4982

November 2016

Dear Parents/Guardians:

November is our reporting month at Lochside Elementary. To help facilitate the reporting process, parents and teachers have been involved in conferencing during this week. If you have any questions and/or concerns about your child's progress then please contact your child's teacher (s).

Assessment, evaluation and reporting are terms that parents hear often during this period. It is important to understand that they represent three distinct aspects of determining student progress. **Assessment** represents the process that teachers go through in collecting information about what the child knows, is able to do and is learning to do. This information is generally gathered through tasks that the students perform.

Evaluation represents the process of making judgments and decisions based on the evidence gathered during assessment for the purpose of goal setting and/or reporting. The teacher or the student may do evaluation independently or in collaboration.



Finally, **reporting** is the process of presenting and communicating information about a student's learning and progress, gained through evaluation based on identified standards. Reporting may be done in writing, through a conference or informally. The processes of assessment, evaluation and reporting are ongoing.

We have three formal written reports each year (November, March and June). Formal reports for the first term will be sent home during the week of Nov. 28th - Dec. 2nd.

Respectfully,

Joe Grewal,
Principal

Dates to Note

Thu. Nov. 10th 10:00 Remembrance Day Assembly
Fri. Nov. 11th Remembrance Day
Mon. Nov. 14th NID – Non-Instructional Day
Fri. Nov. 18th 12:15 pm Soccer Jamboree
Nov. 18 - 22nd "Bookaneer" Book Fair
Nov. 28th -Dec. 2nd Reporting Week
Nov. 20 – 24th Book Fair in the library
Nov. 28-Dec. 8th Holiday Food Drive
Fri. Dec. 16th Last day before Winter Break
Tue. Jan. 3rd School Re-Opens

WITS

Anti-Bullying Program

On Wednesday, October 12th students in Kindergarten and Grade 1 participated in a presentation about using your WITS. Saanich Police Liaison Police Officer Constable Ogilvie was at the school to talk to students about using their WITS to solve problems. WITS stands for:

W – Walk away
I – Ignore
T - Talk it out
S – Seek help



We have been using this program for many years at Lochside Elementary. I was able to visit many of the students in grades 3, 4 & 5 to convey a similar message about being respectful and treating each other kindly.



REMEMBRANCE DAY ASSEMBLY

On November 10th at 10:00 am Lochside students and staff will honour the men and women who have served Canada over the course of its history. In this assembly students will learn about the importance of Remembrance Day. They will be directly involved by singing, reciting poetry and listening to our presenters. Parents and/or guardians are welcome to join us for this important assembly.



HALLOWEEN FAMILY DANCE

The Family Halloween Dance was a huge success on Thursday, October 20th. It was a wonderful community building event which was well attended by students and parents from our school. A big thank you to organizer Nicole Whitsitt and her committee consisting of: Alysha Boss, Barry Kum, Heather, R, Kirsty Hooker, Kelly, Perry, Alex Slater, Marissa Cameron, Heather Galey, Heather Caul, Kerry Walsh, Jeni Norris, Tina Lazaruk, Courtney Popowich, Jodi Holland, Shannon Anderson, Jenn Todd, Kathryn Watson, Stephanie Kalabric, Don Mellings, Lynn Hood and Megan Mba. Thank you to everyone else who volunteered their time and contributed cupcakes, etc. And finally thank you to The Zone for providing the music for this event.

DRESS APPROPRIATELY FOR FALL WEATHER

The weather in the fall can be wet and windy. Students spend the majority of the day inside the school building. We would like to get them outside for some fresh air and exercise at recess and lunch. Please ensure your child is dressed for the fall weather. Wearing layers of clothing like sweaters, sweatshirts and jackets are a great way to stay warm. Outdoor shoes are highly recommended since our field can be wet and muddy at times.

INDOOR SOCCER

The indoor soccer season is in full swing. We have over 50 students assigned to three different teams. The students play indoor soccer during the lunch hour at Lochside. Our Grade Four and Five students are very keen and motivated to participate in our school soccer league. We have scheduled a Soccer Jamboree on Friday afternoon Nov. 18th @ Claremont Secondary. Permission forms have been sent home and should be brought back to the coaches. Thank you to coaches Bob Warrender, Karen Smith, Sherry Seabrooke, Helena Takhar, Joe Grewal, and Matt O'Connor for supporting indoor soccer.



BOOK FAIR

It is almost time for the Scholastic Book Fair again! This year's theme is "The Bookaneer Book Fair" and the dates we have reserved are **November 18 - 22nd**

**Friday, November 18 – 11:15 am to 12:15 pm
and 2:30 pm to 4:00 pm;**
**Monday, November 21 – 8:00 am to 9:15 am,
11:15 am to 12:15 pm and 2:30 pm to 4:00 pm
and**
**Tuesday, November 22 – 8:00 am to 9:15 am,
11:15 am to 12:15 pm and 2:30 pm to 4:00 pm.**

HOLIDAY FOOD DRIVE

LEPAC is organizing a Food Drive from November 28th to December 8th. Please help your child remember our responsibility to the less fortunate people in our community. More information about this will be provided through the Monday Updates.

SWIM CLUB

Swim club starts November 16th for students in grades 3, 4 & 5. It will be at Commonwealth Place Pool and practises are on Wednesdays from 3:15 - 4:00 pm. Students have been given the sign-up information and further details. Please contact Stephanie Kenny if you have any questions.



HEAD LICE ALERT

We have had a few cases of head lice reported in the school. When we have a report of head lice in a classroom, we notify all of the parents/guardians from that class so that they can take the necessary precautions. Although head lice are a nuisance, head lice are not a health risk.

Head lice cannot jump or fly. Head lice spread quickly by close, head to head contact and by sharing hats, helmets, combs, brushes, etc. Lice cannot live on furniture or carpet. The most common symptom of head lice is constant itching of the scalp.

You can help by:

- ◆ Teaching your child to not share or borrow hats, hairbrushes, combs, scarves, helmets and hair accessories
- ◆ Checking your child's head frequently (about every 2 weeks)
- ◆ Telling the classroom teacher if your child has head lice, so other parents can be notified

For more information contact:

- ◆ Your local Health Unit
- ◆ BC Health Files <http://www.healthlinkbc.ca/healthfiles/hfile06.stm>

Thank you to . . .

- Tin Kwan for organizing our Fun Lunches for all of the Lochside students.
- Our teaching staff for their hard work and preparation for parent conferences and writing student report cards.
- Kelly Perry for being our Coordinator of the BC School Fruit and Veggie Program.

- Nicole Whitsitt and her team for organizing the Halloween Family Dance on Thursday, October 20th.
- Our Learning Services staff for providing daily support to all of our learners.
- Scarlet Yum for organizing the Entertainment Book Sales.
- Kirsty Hooker for organizing the emergency lunches for students who forget their lunch.
- Carolyn Phillips for organizing the Morning Watch Program.

PREVENTING COLDS AND INFLUENZA (FLU)

Cold and influenza season is here. As the weather gets cooler and we move indoors, so do germs. Children need reminders to decrease the risk of colds and flu in your house by:

- ◆ Washing hands often
- ◆ Coughing and sneezing into their elbow
- ◆ Not sharing facecloths or towels
- ◆ Keeping hands away from nose and mouth
- ◆ Not sharing food or drink with others

To help limit the spread of germs, please keep your child at home if he or she is feverish, coughing a lot, has a thick yellow or green discharge from the nose, or is otherwise obviously unwell.

Viruses cause colds and influenza. The most effective treatment for a cold is rest and fluids. The influenza vaccine will protect against specific types of influenza. Antibiotics will not make a cold or other virus go away faster. However, more serious infections can start out as a cold. Call your doctor if your child has an earache, fever higher than 39° C (102° F), rash, is very sleepy, very cranky or fussy, has trouble breathing or a cough that will not go away.

Handwashing is the most effective way to stop the spread of germs that cause colds, influenza, diarrhea, and other illnesses. To wash hands properly:

- ◆ **Wet** hands under warm running water
- ◆ **Scrub** with plain soap for a count of **20**, all over hands and between fingers
- ◆ **Rinse** under running water for a count of **10**
- ◆ **Dry** hands with a clean paper towel
- ◆ **Turn** off taps with a paper towel

Remember to wash hands:

- ◆ Before and after eating or handling food

- ◆ After using the toilet, handling pets, coughing, sneezing, or wiping noses